



CLOSING EVENT OF THE MEW PROJECT

FRIDAY 11 OCTOBER 2019

AMSTERDAM

LOCATION

Event venue: Olympic Stadium Amsterdam
Address: Olympisch Stadion 2, 1076 DE Amsterdam
Date: 11 October 2019
Time: 2:00 pm - 6:00 pm
Meeting room: 1928 Olympic Room
Entrance: right of the main entrance (gate)



OLYMPISCH STADION
AMSTERDAM

PROGRAMME

- 1:30 pm** REGISTRATION OF PARTICIPANTS
- 2:00 pm** **Opening of the event**
Mark Torsius, IMBA Europe (The Netherlands)
- 2:10 pm** **Presentation of MEW project and of project outputs and results**
Andrea Bruni, MEW project manager, CSEN (Italy)
- 2:25 pm** **Results of My Task & Our Task campaigns**
Iva Glibo, ICSSPE, (Germany)
Richard Bailey ICSSPE (Germany)
Gian Luca Paloni, Federtrek (Italy)
- 2:45 pm** **Project outputs: Movement Environment Wellbeing. Increasing Physical Activity and Improving Quality of Life book**
Karen Livingstone, ICCE (United Kingdom)
- 3:00 pm** **Project outputs: Model of Action. A Practical Guide to Increase Physical Activity Levels and Boost Wellbeing**
Maurizio Paradisi, CSEN (Italy)
Sergio Nascimbeni, ASL Rm2 (Italy)
- 3:15 pm** **Potential impact of physical activity at community and national level**
Mark Torsius, IMBA Europe (The Netherlands)
Codrin Cozbaru, Clubul de Turism "Veniti cu Noi" (Romania)
- 3:30 pm** **The role of Volunteers of Sport in their direct experience and as a proposal for project continuity**
Nora Ellwanger, trainer of VHS Cham, & Eva Salomonova, volunteer (Germany)
Gerard Masdeu Yelamos, Unesco Chair IT Tralee & Esther Hope, volunteer (Ireland)
Ritvars Freimanis, Baltic Youth Way, & Āris Birze, volunteer (Latvia)
- 4:00 pm** COFFEE BREAK



- 4:20 pm** **The role of Volunteers of Sport in their direct experience and as a proposal for project continuity**
Natalina Casanova, trainer of IPG, Anabela Matias, volunteer, & Rita Amador Pires, volunteer (Portugal)
Alessia Cella, volunteer, & Silvia Kajon, volunteer (Italy)
Marian Paraschiv, volunteer, & Dan Garleanu, volunteer (Romania)
Paul Cook, volunteer (United Kingdom)
John Denning, trainer of ICSSPE (Germany)
- 5:10 pm** **AWARD OF CERTIFICATE OF VOLUNTEER OF SPORT**
- 5:25 pm** **Presentation of the European Network for Health**
Andrea Bruni, MEW project manager, CSEN (Italy),
Ritvars Freimanis, Baltic Youth Way (Latvia),
Natalina Roque Casanova, IPG (Portugal)
- 5:40 pm** **SIGNATURE OF THE MEMORANDUM OF ASSOCIATION OF THE EUROPEAN NETWORK FOR HEALTH**
- 5:50 pm** **Conclusions & final farewell**
Andrea Bruni, MEW project manager, CSEN (Italy), & Mark Torsius, IMBA Europe (The Netherlands)
- 6:00 pm** **CLOSURE OF EVENT**

FRIDAY NIGHT RUN (OPTIONAL)

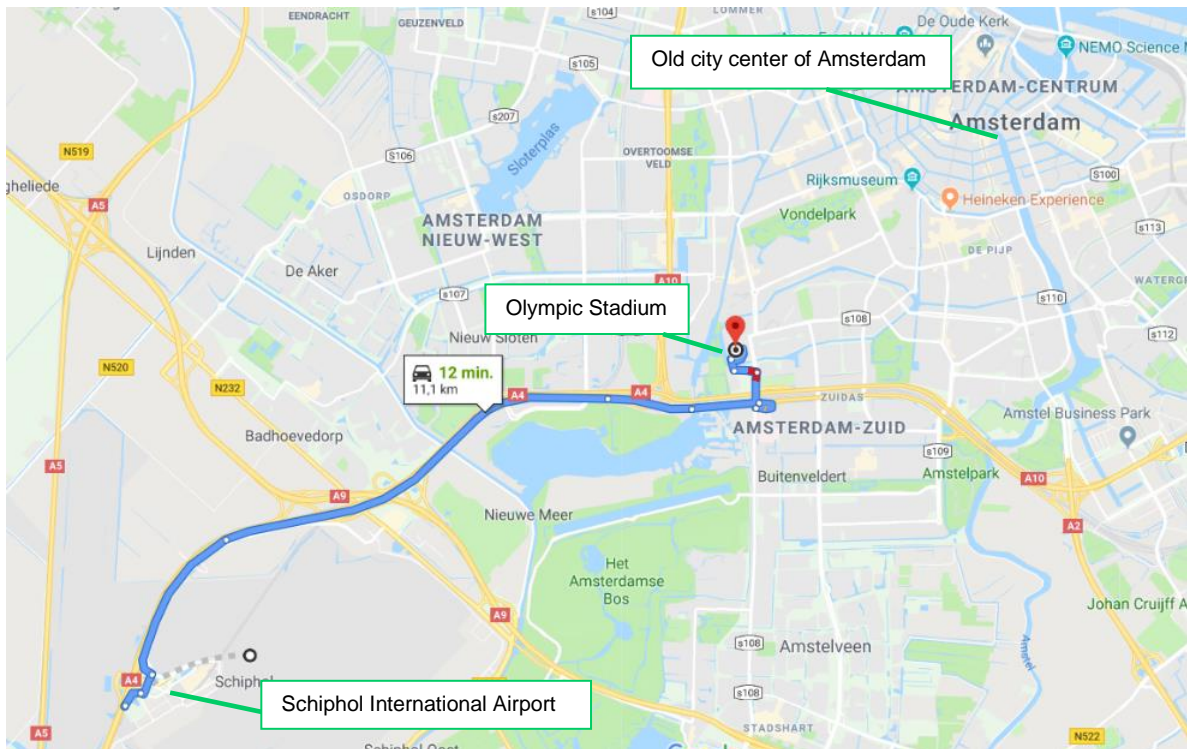
For those interested to get active after the meeting, there's an option to join the free Friday Night Run that starts at the Olympic Stadium at 19.30. Each 2nd Friday of the month, track & field club Phanos organises this event for both competitive and recreational runners. The run takes about 1 hour. Take a look at the [Friday Night Run website](#) for more information.





GETTING THERE & AWAY

The Olympic Stadium in Amsterdam was used for the 1928 Summer Olympics and after being renovated, it was reopened in the year 2000. It's a National Monument now. The stadium is located in the neighbourhood *Amsterdam Oud-Zuid*. The stadium lies halfway Schiphol airport and the old historical city center of Amsterdam.



TRAVELLING BY PUBLIC TRANSPORT (TRAVELTIME BETWEEN 20 – 35 MINUTES FROM SCHIPHOL AIRPORT)

- Tramline 24 (stop at Olympic Stadion)
- Busline 15 (stop at Olympiaweg)
- Busline 62 (stop at Olympic Stadion)
- Busline 347 (stop at Olympic Stadion)
- **Busline 397 (stop at Olympic Stadion), this busline goes directly from the airport to the Olympic Stadium**
- Metroline 50 (stop at Amstelveensweg, from there it's a 5 minutes walk)
- You can also travel the first part by train. Trains are leaving from Schiphol Airport. Stop at Amsterdam Zuid station. From there, you can continue your travelling by choosing one of the options mentioned above.

Take a look at the OV9292 [travelplanner](#) voor actual times & prices, or www.ns.nl for train timetables.

Taxi: taxi's will bring you in about 10-15 minutes from the airport to the Olympic Stadium



ACCOMMODATION

Amsterdam is not the cheapest city to stay at and hotels, hostels, B&B's etc in the city center are quite expensive. Better pricing options can be found in the neighbourhoods just outside the historic city centre. Public transportation is well arranged in Amsterdam so it's no problem to stay a bit outside the city center. Amsterdam is also a cyclist city with many bike rental options. At a number of train stations, you can rent a so called [OV-fiets](#)

Some suggestions for accommodation in proximity of the Olympic Stadion in different price ranges:

- [Olympic Hotel](#) – 4 star hotel adjacent the Olympic Stadium
- [Mercure Hotel Amsterdam West](#)
- [Ibis budget Amsterdam South](#)
- [Bastion Hotel Amsterdam Zuidwest](#)
- [Best Western Amsterdam](#)

Hostels

- [Garden view B&B](#)
- [Amsterdam Hostel Sarphati](#)
- [Stayokay Amsterdam Vondelpark \(city center\)](#)
- [Meininger hotel / hostel Amsterdam Amstel](#)

For more options, you can make use of booking platforms like Trivago, Booking.com, hostelworld.com, hostelbookers.com and AirBnB. Don't wait to long while prices are likely to increase as the event comes closer.

RESTAURANTS IN PROXIMITY OF THE OLYMPIC STADIUM

There's an abundance of restaurants in the city center of Amsterdam in various price ranges. However, if you prefer to have dinner close to the venue, here's a list of restaurants that are at walking distance of the Olympic Stadium.

- [Jack Dish](#)
Stadionplein 19
1076 CG Amsterdam
- [Sloppy Joe](#)
Stadionplein 13
1076 CE Amsterdam
+31 20-3418620
- [MaMa Kelly Amsterdam](#)
Olympisch Stadion 35
1076 DE Amsterdam
+31 20-2252684
- [Het Amsterdamse Proeflokaal](#)
Olympisch Stadion 35
1076 DE Amsterdam
+31 20-3031422
- [Restaurant Wils](#)
Stadionplein 26
1076 CM Amsterdam
- [Neni Amsterdam](#)
Stadionplein 8
1076 CM Amsterdam
+31 20 7470095